

In GOD we trust Curriculum Vita

Elham Haghjoo

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Educations

Assistant prof in Persian medicine .fasa University of medical sciences
General Practitioner (Medical Doctor); Shiraz University of Medical Sciences, IRAN, 2003.
Thesis title: Study of knowledge, attitude and practice toward skin cancer in general population in Shiraz General Clinics

Iranian National diploma in Experimental Sciences. (1st Class Hons.), **Zeinabieh High School**, Fasa, Shiraz, IRAN, **1995**.

Work experiences

- 1. Researcher and PhD, Fasa University of Medical Sciences, Iran,.
- 2. Clinic Physician, different cities and provinces of Iran, 2003-2021
- 3. . Technology Manager, Fasa University of Medical Sciences, Iran.2021- Now

Teaching experiences & Lectures

- 1. Complementary and alternative medicine fasa university 2021-2022
- 2. Wound flealing in complementary medicine. fasa university of medical sciences.2021-2022
- 3. Medicinal plants in wound healing in traditional Persian medicine. Fasa University of medical sciences. 2021-2022
- 4. Specialized courses in traditional Persian medicine.2021-2022
- 5. Fasting measures from the perspective of traditional Iranian medicine.2022-2023

Key skills

Personal

- 1. Effective communicator with good interpersonal and organizational skills.
- 2. Good analytical, innovative and problem solving mind.
- 3. A strong team player, needing minimal supervision.
- 4. Achieving set targets by successfully prioritizing and managing tasks within a deadline time.

Research Activities

- 1. Comparison of the efficacy of topical administration of traditional medicine product (Cucurbita pepo oil) with placebo (paraffin) in patients with insomnia. (My PhD thesis)
 - 2. Efficacy of pumpkin oil (a Persian medicine product) in the treatment of chronic insomnia: A randomized double-blind clinical trial.2019
 - 3. Efficacy of Topical Herbal Remedies for Insomnia in Iranian Traditional Medicine. 2019
 - 4. Enuresis in Iranian Traditional Medicine. 2019
 - 5. Excess meat in Iranian Traditional Medicine. 2018
 - 6. Writing papers for The Academy of Medical Sciences, Iran, 2017-2019.

Courses

1. attending more than 20 national and international scientific recetings; Iran, 2006-2021

Computational skills

- 1. Extensive experience in use of the latest versions of MS windows, Microsoft Office 1997/2007 (MS Word, SPSS and Power point).
- 2. Extensive experience in scientific databases searching.

Research publications

- 1- Haghjoo E, Shojaii A, Parvizi MM (2019) Efficacy of topical herbal remedies for insomnia in Iranian traditional medicine. Pharmacogn Res 11(2): 188–191.
- 2- Haghjoo E, Haghighi KS, Dabaghian FH, Shojaii A, Mohammadi H. Efficacy of pumpkin oil (a Persian medicine product) in the treatment of chronic insomnia: A randomized double-blind clinical trial. Journal of Pharmacy & Pharmacognosy Research. 2019;7(6):471-81.
- 3- Publication of an article on "enuresis from the perspective of Iranian traditional medicine " in the Academy magazine
- 4- Publication of an article on "Waste meat from the perspective of Iranian traditional medicine" in the Academy magazine

Research Interests:

- 1. Wound Healing in complementary medicine
- 2. Clinical trials on herbal drugs
- 3. In-vitro and in-vivo studies on mechanism of action of herbs
- 4. New approaches to the diseases from the view point of Persian medicine such as; diabetes and its complications, gynecological diseases, dermatological diseases and gastrointestinal diseases



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