

*In GOD we trust*

*Curriculum Vita*

**Mahsa Rostami-Chijan**



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## **Educations**

**Assistant prof** in Persian medicine. fasa University of medical sciences  
**General Practitioner** (Medical Doctor); **Golestan University of Medical Sciences**, IRAN, 2006.  
**Thesis title:** The effect of aqueous extract of *Alium Sativum* on Rabbit's heart.

**Iranian National diploma** in Experimental Sciences. (1<sup>st</sup> Class Hons.), **17-Shahrivar High School**, Tonkabon, Mazandaran, IRAN, 1999.

## **Work experiences**

1. **Researcher and PhD**, Fasa University of Medical Sciences, Iran,.
2. Clinic Physician, different cities and provinces of Iran, 2006-2020
3. . Technology Manager, Fasa University of Medical Sciences, Iran.2019- Now
4. Member of Ethics Committee of Fasa University of Medical Sciences
5. Member of Research Committee of Fasa University of Medical Sciences
6. Member of the Education Committee of the Iranian Medicine Office , Iran2019-now
7. Member of the Council of the Development Center of Fasa University of Medical Sciences
8. Member of Technology Council of Fasa University of Medical Sciences

## **Teaching experiences & Lectures**

1. Teaching assistant and guest lecturer; nutrition upon TPM, Shiraz university of medical sciences, Shiraz, 2014.
2. And lecturer of basic science and the health care guidelines of TPM for classes hold in Essence of Parsian Wisdom Knowledge Based Company, Shiraz, 2014-2016.
3. Complementary and alternative medicine.fasa university.2018-2021
4. Leech therapy in complementary medicine. fasa university of medical sciences.2019
5. Fasd and cupping. Fasa university of medical sciences.2020
6. Principles of maintaining health in traditional Persian medicine .Fasa university of medical sciences 2019-2020
7. Medicinal plants in gastrointestinal diseases in traditional Persian medicine. Fasa University of medical sciences. 2019-2020
8. Endocrine diseases in Iranian medicine. Fasa of medical sciences university.2018
9. Medicinal plants effective in calming. Fasa University of medical sciences. 2019
10. Natural affairs, elements and temperament. Fasa university of medical sciences.2018
11. Kidney stones and metabolic diseases. Fasa university of medical sciences.2018
12. Pulmonology in traditional Persian medicine. Fasa university of medical sciences.2018
13. Specialized courses in traditional Persian medicine.2020-2021

## **Key skills**

### ***Personal***

1. Effective communicator with good interpersonal and organisational skills.
2. Good analytical, innovative and problem solving mind.
3. A strong team player, needing minimal supervision.
4. Achieving set targets by successfully prioritising and managing tasks within a deadline time.

### ***Research Activities***

1. Affirmation dandruff upon Traditional Persian Medicinal texts and evaluation the effects of a Myrtus communis lotion on dandruff and comparison of it with Ketoconazole shampoo. (My PhD thesis)
2. Member of executive committee of Evidence Based National Congress of Traditional Iranian Medicine and Pharmacology, 2016.
3. Lecturer and member of executive committee, the winter school of Shiraz University of Medical Sciences, 2016.
4. To declare gingivitis upon traditional Iranian medical texts and evaluate effect of Traditional Iranian mouth rinse on diabetic and comparing it with Chlorhexidine. Shiraz, 2013-15. (Main co-worker)
5. The effect of leek (Allium iranicum (Wendelbo) Wendelbo) leaves extract cream on hemorrhoid patients. (Main co-worker)
6. Journal of "Honar-e-Ashpazi". (Scientific writer)
7. "Measurement of total Iron and Iron Oxide (II or III) in "äb-e-ähan-täb"<sup>1</sup> and "Rim-e-ähan"<sup>2</sup>.  
1: äb-e-ähan-täb means a bowl of water which a piece of heated Iron several times is placed in it.  
2: Rim-e-ähan means remedies which drained away melting or near melting Iron. Shiraz, Iran, 2011-13. (As a co-worker)
8. "Qutb-al-din viewpoints about Four Elements in Tohfeh Sadiyeh and Dorrat-al-Taj", The first International Congress of Qutb-al-din Shirazi, 2012, Shiraz, Iran. (Poster presentation)
9. "The survey of four elements upon the major texts of the Traditional Iranian Medicine (Iranian Medicine)" Shiraz, Iran, 2011-12. (participating in writing the proposal and research executor)
10. Writing papers for The Academy of Medical Sciences, Iran, 2012-2016.
11. To declare dandruff upon traditional Iranian medical texts and evaluate effect of Traditional Iranian solution and comparing it with ketoconazole. Shiraz, (Main co-worker).2018
12. To declare IBD upon traditional Iranian medical texts and evaluate effect of rose oil capsule in treatment of IBD patient. Shiraz, (Main co-worker).2019

### ***Courses***

1. Participating in "Clinical Trials Registry" workshop, 2010, Guilan, Iran.
2. Participating in patent registry .shiraz. Science and Technology Park.۲۰۱۹
3. Participating in patent registry .fasa. University of medical sciences.2019

4. Participating in Danesh Bonyan Company Registration Workshop. 2019
5. And attending more than 20 national and international scientific meetings; Iran, 2006-2020

### ***Computational skills***

1. Extensive experience in use of the latest versions of MS windows, Microsoft Office 1997/2007 (MS Word, SPSS and Power point).
2. Extensive experience in scientific databases searching.
3. Flew ship of virtual teaching .shiraz university of medical sciences

### **Research publications**

1. Massih Sedigh-Rahimabadi, Mesbah Shams, Mohammadmehdi Fani, ***Mahsa Rostami-chijan***. Gingivitis from the view point of Traditional Persian Medicine, Evidence Based National Congress of Traditional Iranian Medicine and Pharmacology, 2016. (Poster)
2. Sedigh-Rahimabadi M, Fani M, ***Rostami-Chijan M***, Zarshenas MM, Shams M. A Traditional Mouthwash (Punica granatum var pleniflora) for Controlling Gingivitis of Diabetic Patients: A Double-Blind Randomized Controlled Clinical Trial. J Evid Based Complementary Altern Med. 2016 Feb 27. pii: 2156587216633370. [Epub ahead of print]
3. Seyed Hamdollah Mosavata, Leila Ghahramanib, Zahra Sobhanic, Ehsan Rahmanian Haghighid, ***Mahsa Rostami Chaijane***, Mojtaba Heydarie. The effect of leek (Allium iranicum (Wendelbo)) leaves extract cream on hemorrhoid patients: A double blind randomized controlled clinical trial. European Journal of Integrative Medicine, 2015; 7 ( 6), p. 669-673
4. Mosavat SH, Ghahramani L, Haghighi ER, ***Chaijan MR***, Hashempur MH, Heydari M. ANORECTAL DISEASES IN AVICENNA'S "CANON OF MEDICINE". Acta Med Hist Adriat. 2015;13 Suppl 2:103-14.
5. Mohammad Hadi Imanieh, Massih Sedigh-rahimabadi, ***Mahsa Rostami-chijan***, Alireza Salehi, A second look through four elements in Traditional Iranian Medicine.
6. ***Mahsa Rostami-Chijan*** and Massih Sedigh-Rahimabadi. “Dovaly (Varicosis)”, The Academy of Medical Sciences.
7. ***Mahsa Rostami-Chijan*** and Massih Sedigh-Rahimabadi. “Da-ol-Salab (Alopecia Areata)”, The Academy of Medical Sciences. [ahead of print]
8. Massih Sedigh-Rahimabadi and ***Mahsa Rostami-Chijan***. “Principles of Ophthalmology”, The Academy of Medical Sciences.
9. Massih Sedigh-Rahimabadi and ***Mahsa Rostami-Chijan***. “Khafash (Day blindness)”, The Academy of Medical Sciences.
10. ***Mahsa Rostami-Chijan*** and Massih Sedigh-Rahimabadi. “Rasheh (Tremor)”, The Academy of Medical Sciences.
11. ***Mahsa Rostami-Chijan*** and Massih Sedigh-Rahimabadi. “Homool (Suppositories)”, The Academy of Medical Sciences

12. And two booklets about Prions and rheumatology (student research committee-2002).

13. The myrtus communis L. solution versus ketoconazole shampoo in treatment of dandruff: A double blinded randomized clinical trial Mahsa Rostami Chijan, Farhad Handjani, Mohammadmehdi Zarshenas, Massih Sedigh Rahimabadi, Ali Tavakkoli

14. Hydrogels as Promising Therapeutic Strategy for the Treatment of Skin Cancer

Mahrokh Marzi, Mahsa Rostami Chijan, Elham Zarenezhad

Publication date 2022/4/6

15. The effects of eugenol nanoemulsion on pain caused by arteriovenous fistula cannulation in hemodialysis patients: A randomized double-blinded controlled cross-over trial

Maryam Maghbool, Tomaj Khosravi, Salman Vojdani, Mahsa Rostami Chaijan, Fariba Esmaeili, Amir Amani, Fatemeh Rezayat, Ramin Nasimi Doost Azgomi, Shadan S Mehraban, Mohammad Hashem Hashempu.

16. Efficacy of Rose Oil Soft Capsules on Clinical Outcomes in Ulcerative Colitis: A Pilot Randomized, Double-Blinded, Placebo-Controlled Clinical Trial

Ali Tavakoli, Meysam Shirzad, Alireza Taghavi, Mohammadreza Fattahi, Mohammadmahdi Ahmadian-Attari, Leila Mohammad Taghizadeh, Mahsa Rostami Chaijan, Masih Sedigh Rahimabadi, Rahimeh Akrami, Mehdi Pasalar.

17. Investigating The Risk Factors for Hypertension in A Population-Based Study: Fasa PERSIAN COHORT Data

Mostafa Bijani, Saeed Parvizi, Azizallah Dehghan, Massih Sedigh Rahimabadi, Mahsa Rostami Chijan, Maryam Kazemi, Mohammad Mehdi Naghizadeh, Alireza Ghaemi, Reza Homayounfar, Mojtaba Farjam.

18. Correlation of Resting Heart Rate with Anthropometric Factors and Serum Biomarkers in a Population-based Study: Fasa PERSIAN Cohort Study

Yashar Goorakani, Massih Sedigh Rahimabadi, Azizallah Dehghan, Maryam Kazemi, Mahsa Rostami Chijan, Mostafa Bizhani Asl, Hadi Raeisi Shahraki, Ali Davoodi, Mojtaba Farjam, Reza Homayounfa

19. Lipid Profile in Opium Users: Results of Fasa PERSIAN Cohort Study, First Phase

Maryam Kazemi, Mina Bazayr, Mohammad Mehdi Naghizadeh, Azizallah Dehghan, Massih Sedigh Rahimabadi, Mahsa Rostami Chijan, Mostafa Bijani, Maryam Zahmatkeshan, Alireza Ghaemi, Nastaran Samimi, Reza Homayounfar, Mojtaba Farjam

### **Hobbies**

Travelling, reading books and cycling.